

1 The 60-Second Clarity Reset

ASK THESE QUESTIONS

What are we trying to accomplish?

What matters most right now?

What does success look like?

WHEN TO USE IT

- At the start of a project kickoff
- To refocus a meeting that's gone off track
- When a conversation keeps circling without landing

2 The Listen-First Communication Shift

TRY THIS SEQUENCE

1. Ask a clarifying question
2. Reflect back what you heard
3. Then share your perspective

WHEN TO USE IT

- When a conversation starts to heat up
- Before responding to critical feedback
- When someone isn't feeling heard

3 Build Confidence Through Small Experiments

ASK THIS QUESTION

What is one small step we could test this week?

Not a pilot program. Not a transformation plan. One small thing you can try, learn from, and adjust.

WHEN TO USE IT

- When the team is resistant to change
- When change feels too big to tackle at once
- When people are waiting for a perfect plan

Ready to Go Deeper?

Contact us about programs for you and your team.

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