



OnDemand Training Library

Dozens of lessons to boost your skills - available online 24/7

A collection of 25 courses designed to hone your skills in the critcal areas of business, management and leadership. Each lesson ranges from 15 to 90 minutes in length, and provides you with the resources to develop and strengthen your skills regardless of whether you are an individual contributor, manager or leader.

Key Benefits

- 24/7/365 training with any Internet-connected device
- "Bite-sized" lessons that only require 15-90 minutes to complete
- · Self-paced, convenient, high-quality and consistent learning
- Certificates of completion for every lesson
- Fully scalable train individuals, teams or an entire organization
- · Cost effective, time saving and no travel necessary



A Manager's Guide to Effective Work Relationships

14 Lessons | 0.70 CEUs | 7 PMUs

Building working relationships within your team is crucial to good management. Learn how to effectively delegate tasks, conduct performance reviews, coach your team by using feedback and manage change within your team.

- 1. Resolving Conflict in the Workplace
- 2. Coaching for Performance
- 3. Delegation for Growth and Development
- 4. The Manager's Role During Change
- 5. Managing Resistance to Change
- 6. Leveraging Feedback to Strengthen Employee Commitment
- 7. Squashing Workplace Negativity

- 8. Doing More with Less: How to Motivate and Reward Your Overworked Staff
- 9. Difficult Performance Reviews: How to Turn Painful Conversations into Positive Results
- 10. Being an Ally in a Diverse Working World
- 11. Identifying and Managing Your Stakeholders
- 12. Building and Maintaining Trust
- 13. Successfully Working in Hybrid Teams
- 14. Tips for Managing Progressive Discipline

Achieving Success as a Business Professional

10 Lessons | 0.50 CEUs | 5 PMUs

Develop your ability to get the job done by planning for success, while prioritizing and balancing your workload. Be recognized as a credible and trustworthy member of your team.

- Building Credibility and Trust for Improved Communication
- 2. Developing Awareness that Leads to Emotional Regulation
- 3. Establishing Presence and Credibility
- 4. Managing Your Workload: How to Prioritize When Everything is Important
- 5. Planning for Success
- 6. Tame Your Email Inbox with Microsoft Outlook
- 7. Becoming a Strategic Thinker
- 8. Building and Maintaining Trust
- 9. Building a 360-Degree Network
- 10. The Look and Sound of Confidence

Analytical Skills for New Managers

7 Lessons | 0.60 CEUs | 6 PMUs

Develop the quantitative and qualitative analysis skills to make evidence-based decisions that drive results.

- 1. Presenting Visually Compelling Data
- 2. Statistical Analysis Tools and Techniques
- 3. Leading the PAC: Researching and Presenting Data
- 4. Five Phases of the Creativity to Innovation Process
- 5. Mastering Excel® Formulas and Functions Part 1
- 6. Mastering Excel® Formulas and Functions Part 2
- 7. Becoming a Strategic Thinker

Basics of Business Acumen

8 Lessons | 0.30 CEUs | 3 PMUs

To succeed in business, you first need an understanding of how a business operates—from analyzing data and financials to managing projects. Access resources that can help professionals at all levels improve their business acumen in order to enhance performance and achieve organizational goals.

- 1. Creating and Presenting Operational Budgets
- 2. Building a Customer-Focused Strategy
- 3. Accounting 101
- 4. Balancing the Books: Booking Journal Entries
- 5. Leading the PAC: Researching and Presenting Data
- 6. Analyzing Data Using the DASA Model
- 7. Strategy Execution: Elements of a Sound Strategy
- 8. How to Understand and Analyze Financial Statements



Building the Skills to Be an Essential Team Player

13 Lessons | 0.50 CEU | 5 PMUs

Build your professional brand as a credible and trustworthy team member by developing your ability to communicate effectively, manage your emotions and foster positive work relationships. Enhance your ability to get the job done by planning for success, while prioritizing and balancing your workload.

- Building Credibility and Trust for Improved Communication
- 2. Building Better Work Relationships
- 3. Establishing Presence and Credibility
- 4. Building Your Strengths as a REAL Team Player
- 5. Assertive Communication Skills for Women*
- 6. Crash Course in Mistake Free Business Writing
- 7. How to Manage Your Emotions While Under Stress

- 8. Being an Ally in a Diverse Working World
- 9. Strategies for Managing Situational Conflict
- 10. Applying Mindful Behaviors at Work
- 11. Understanding and Applying Your Locus of Control at Work
- 12. Building and Maintaining Trust
- 13. Recognizing and Navigating Unconscious Bias

Certified Professional in Management On-Demand Exam Prep

17 Lessons | 0.50 CEUs

Learn key management competencies by yourself with this comprehensive, on demand AMA-CPM Prep Course. It consists of 17 on demand lessons, one for each management competency. Every lesson is about 20 minutes long, and best of all, you can take each one as often as you'd like. It's a great way to jump-start your AMA-CPM exam prep—or use it to reinforce your skills shortly before you take the exam.

Professional Effectiveness

- 1. Enhancing Communication Skills
- 2. Leading with Emotional Intelligence in the Workplace
- 3. Developing and Organizing Presentation Content

Business Acumen

- 1. Accounting 101
- 2. Building a Customer-Focused Strategy
- 3. AMA's Legal Guide for Managers and Supervisors
- 4. Managing Projects Effectively

Relationship Management

- 1. Resolving Conflict in the Workplace
- 2. Creating a Motivational Climate
- 3. Crafting a Strategy for Your Negotiation
- 4. Delegation for Growth and Development
- 5. Coaching for Performance
- 6. Managing Change Effectively
- 7. Manager's Guide to Collaboration
- 8. Persausive Techniques to Influence Others

Analytical Intelligence

- Statistical Analysis Tools and Techniques
- 2. Key Components of Critical Thinking

Customer Service Manager Training

13 Lessons | 0.40 CEUs | 4 PMUs

By applying the concepts in these learning assets, any manager of a customer service team can build and sustain an effective customer-focused strategy. Learn to motivate and develop your team by utilizing proven coaching, feedback and delegation techniques.

- 1. Enhancing Collaborative Communication
- 2. Leveraging Feedback to Strengthen Employee Commitment
- 3. Enhancing Communication Skills
- 4. Building a Customer-Focused Strategy
- 5. Creating a Motivational Climate
- 6. Leading with Emotional Intelligence in the Workplace

- 7. Coaching for Performance
- 8. Leading a Customer-Focused Team
- 9. Creating a Culture of Belonging
- 10. Strategies for Managing Situational Conflict
- 11. Becoming a Strategic Thinker
- 12. Becoming a Trusted Advisor
- 13. Tips for Managing Progressive Discipline



Data Analysis and Business Analytics for Beginners

6 Lessons | 0.40 CEUs | 4 PMUs

Data-driven decision making is critical for effective strategic operations. Get the knowledge, tools and frameworks necessary to analyze data both qualitatively and quantitatively and make better business decisions by backing them up with hard analytical evidence.

- 1. Presenting Visually Compelling Data
- 2. Statistical Analysis Tools and Techniques
- 3. Leading the PAC: Researching and Presenting Data
- 4. Analyzing Data Using the DASA Model
- 5. Mastering Excel® Formulas and Functions Part 1
- 6. Mastering Excel® Formulas and Functions Part 2

Developing Leadership Skills

15 Lessons | 0.80 CEUs | 8 PMUs

Access comprehensive and powerful tools as you learn the skills that all managers and leaders need in today's business climate. Prepare for your leadership role by developing your skills in emotional intelligence, communication, strategy development & execution, as well as agility.

- 1. Enhancing Effectiveness through Diversity and Inclusion
- 2. Communication Skills of a Credible Leader
- 3. Persuasive Communication Skills for Leaders
- 4. Turning Resistance and Conflict into Collaboration and Consensus
- 5. Navigating Organizational Politics
- 6. Leading with Emotional Intelligence in the Workplace
- 7. SEAL Approach to Building Organizational Agility

- 8. Negotiating to Win
- 9. Strategy Execution: Elements of a Sound Strategy
- 10. Strategy Development and Execution: The ADEPTT Model
- 11. Crafting a Strategy for Your Negotiation
- 12. Building and Maintaining Trust
- 13. Successfully Working in Hybrid Teams
- 14. Achieving Growth by Building, Buying, or Partnering
- 15. Building a 360-Degree Network

Diversity and Inclusion Training

7 Lessons | 0.20 CEU | 2 PMUs

High-performing teams are composed of people who bring a variety of perspectives and cognitive approaches to their jobs. A skilled manager knows how to respect those diverse backgrounds and viewpoints while ensuring equal treatment of all team members. Explore key cornerstones of diversity and inclusion so that you can champion diversity and foster an inclusive culture in which everyone feels a sense of belonging.

- 1. Cultivating Diverse and Inclusive Teams
- 2. Diversity and Inclusion: Creating an Inclusive Culture
- 3. Diversity and Inclusion: Understanding the Impact
- 4. Enhancing Effectiveness through Diversity and Inclusion
- 5. Being an Ally in a Diverse Working World
- 6. Creating a Culture of Belonging
- 7. Recognizing and Navigating Unconscious Bias

Essential Project Management Skills

9 Lessons | 0.30 CEUs

Explore the terminology, tools and techniques of project management with this comprehensive, on demand course. Over 7 compact and focused lessons, you'll learn about key PM concepts such as the Work Breakdown Structure, collaborative communication, risk strategies and much more. You'll also be able to retake each lesson as much as you want.

- Project Management for the Accidental Project Manager -A Basic "How to" Approach
- 2. Creating a Work Breakdown Structure (WBS)
- 3. Utilizing Effective Risk-Response Strategies
- 4. Managing Projects Effectively

- 5. Manager's Guide to Collaboration
- 6. Enhancing Collaborative Communication
- 7. The Manager's Role During Change
- 8. Identifying and Managing Your Stakeholders
- 9. Tips for Leading Flawless Virtual Meetings



AMA's Excel® Training Series

6 Lessons | 0.80 CEUs | 8 PMUs

Explore tools and techniques that can help you become a wiz at spreadsheets. By applying these skills, you'll be able to leverage time- saving tips and analyze data that can help you make better business decisions.

- 1. Mastering Excel® PivotTables: How to Crunch Numbers Like an Expert
- 2. Time-Saving Excel® Tips, Tricks, and Shortcuts
- 3. Building PowerPoint Presentations from Excel Data
- 4. Mastering Excel® Dashboard Reports
- 5. Mastering Excel® Formulas and Functions Part 1
- 6. Mastering Excel® Formulas and Functions Part 2

Frontline Customer Service Representative Training

8 Lessons | 0.30 CEUs | 3 PMUs

Customer service professionals who interact with customers on a daily basis need the right skills and mindset to do so with success. Harness these resources to gain the knowledge and attitudes necessary to develop emotional intelligence and a strong sense of power and autonomy—keys to exceptional service. Carefully designed assets focus on problem-solving techniques and how to work collaboratively with colleagues.

- 1. Building Your Strengths as a REAL Team Player
- 2. Effective Problem Solving and Decision-Making Tools
- 3. How to Manage Your Emotions While Under Stress
- 4. Make Every Employee a Customer Service Champion
- 5. Strategies for Managing Situational Conflict
- 6. Applying Mindful Behaviors at Work
- 7. Understanding and Applying Your Locus of Control at Work
- 8. Becoming a Trusted Advisor

How to Build a Professional Brand and Image

13 Lessons | 0.60 CEUs | 6 PMUs

Gain credibility and trust by building your professional brand and image. You will also gain insights to help you develop your emotional intelligence and communication skills.

- Building Credibility and Trust for Improved Communication
- 2. Motivating and Influencing Throughout the Organization
- 3. Establishing Presence and Credibility
- 4. Developing Awareness that Leads to Emotional Regulation
- 5. Assertive Communication Skills for Women*
- 6. Leading with Emotional Intelligence in the Workplace

- 7. Communication Skills of a Credible Leader
- 8. How to Project Confidence with Demanding People
- 9. How to Manage Your Emotions While Under Stress
- 10. Applying Mindful Behaviors at Work
- 11. Understanding and Applying Your Locus of Control at Work
- 12. Building and Maintaining Trust
- 13. The Perception of Tone in Virtual Communications

The OnDemand Training Library is fully scalable. Ideal for individuals, teams or for your entire organization.



Innovation and Strategic Thinking for Managers

13 Lessons | 0.4 CEUs | 4 PMUs

Learn to think strategically and build skills to initiate and manage change as well as drive innovation. Get access to the frameworks necessary to develop strategies, become agile and foster the creativity needed to innovate.

- 1. The Manager's Role During Change
- 2. Managing Resistance to Change
- 3. Five Phases of the Creativity to Innovation Process
- 4. Fostering Creativity and Innovation in Others
- 5. SEAL Approach to Building Organizational Agility
- 6. Strategy Execution: Elements of a Sound Strategy
- 7. Strategy Development and Execution: The ADEPTT Model
- 8. Becoming a Strategic Thinker
- 9. Achieving Growth by Building, Buying, or Partnering
- 10. Building a 360-Degree Network
- 11. Persuasive Techniques to Influence Others
- 12. Understanding Disruption and Preparing for Breakthrough Growth
- 13. Leading Your Team Through Ambiguity

Leadership Skills for Maximum Team Productivity

13 Lessons | 0.6 CEUs | 6 PMUs

Leaders and managers who acquire these skills can achieve greater outcomes through their teams' performance. Learn how to develop an effective strategy, negotiate to obtain necessary resources, create a motivational climate, and sustain commitment and collaboration so that you can effectively execute required tasks through others.

- 1. Delegation for Growth and Development
- 2. Creating a Motivational Climate
- 3. Negotiating to Win
- 4. Crafting a Strategy for Your Negotiation
- 5. Turning Resistance and Conflict into Collaboration and Consensus
- 6. Leveraging Feedback to Strengthen Employee Commitment

- 7. Strategy Execution: Elements of a Sound Strategy
- 8. Strategy Development and Execution: The ADEPTT Model
- 9. Doing More with Less: How to Motivate and Reward Your Overworked Staff
- 10. Becoming a Strategic Thinker
- 11. Creating a Culture of Belonging
- 12. Being an Ally in a Diverse Working World
- 13. Successfully Working in Hybrid Team

Introduction to Artificial Intelligence (AI)

7 Lessons | 0.4 CEUs | 4 PMUs

Get a foundational understanding of AI, discover how to adopt an AI mindset, and explore its key components as well as the momentous implications of this technology.

- 1. Al Essentials: A Basic Understanding for All
- 2. Adopting an Al Mindset
- 3. Al: From Algorithms to Decisions
- 4. Al: Balance the Risks and Opportunities

- 5. Al: Create a Strategic Roadmap with ENGAGE
- 6. AI: Upskill and Reskill
- 7. Beyond the Hype: What You Need to Know About Al



Manager Quick Start: Essential Management

15 Lessons | 0.50 CEUs | 5 PMUs

Build on your functional expertise with essential new management skills. Develop your emotional intelligence, become an effective communicator and gain knowledge and skills to be a strong presenter.

- 1. Leading with Emotional Intelligence in the Workplace
- 2. Enhancing Communication Skills
- 3. Key Presentation Skills: Balancing Verbal and Non-Verbal Messages
- 4. Developing and Organizing Presentation Content
- 5. Enhancing Collaborative Communication
- 6. The Manager's Role as Facilitator
- 7. Crash Course for New Managers

- 8. Essential Management Skills for Introverts
- 9. Creating a Culture of Belonging
- 10. Strategies for Managing Situational Conflict
- 11. Building and Maintaining Trust
- 12. Successfully Working in Hybrid Teams
- 13. Tips for Managing Progressive Discipline
- 14. Building a 360-Degree Network
- 15. Identifying and Managing Your Stakeholders

The Manager's Guide to Business Literacy Skills

10 Lessons | 0.40 CEUs | 4 PMUs

Get the job done by developing your skills in managing projects, supporting the financial goals of your organization and leveraging the benefits of diverse and inclusive teams.

- 1. Diversity and Inclusion: Understanding the Impact
- 2. Building a Customer-Focused Strategy
- 3. Creating and Presenting Operational Budgets
- 4. Diversity and Inclusion: Creating an Inclusive Culture
- 5. AMA's Legal Guide for Managers and Supervisors
- 6. Project Management for the Accidental Project Manager
 - A Basic "How to" Approach
- 7. HR 101 for New Managers
- 8. Successfully Working in Hybrid Teams
- 9. Becoming a Strategic Thinker
- 10. Tips for Managing Progressive Discipline

Managing Priorities for Max Productivity

10 Lessons | 0.50 CEUs | 5 PMUs

To be successful and add value in business, every individual must have the skills to effectively manage and prioritize their workflow. Acquire the knowledge and insights to create a forward-moving plan for any job, be able to prioritize tasks for maximum efficiency and sharpen your focus for getting the job done.

- 1. Planning for Success
- 2. Creating Boundaries and Balance
- 3. Routines that Support Efficiency and Productivity
- 4. Managing Your Workload: How to Prioritize When Everything is Important
- 5. Tame Your Email Inbox with Microsoft Outlook®

- 6. Applying Mindful Behaviors at Work
- 7. Understanding and Applying Your Locus of Control at Work
- 8. Identifying and Managing Your Stakeholders
- 9. Recognizing and Navigating Unconscious Bias
- 10. Tips for Leading Flawless Virtual Meetings



Training and Presentation Skills

11 Lessons | 0.40 CEUs | 4 PMUs

Develop your ability to create engaging, learner-centric training experiences by leveraging the ADDIE Model and acquire the skills to deliver impactful presentations with confidence and credibility.

- 1. Framing the Message for Greater Impact
- 2. Establishing Presence and Credibility
- 3. Facilitation Skills for Trainers
- 4. Beyond Lecture: Training Tools to Enhance Training
- 5. Experiential Learning: Maximizing Learner Engagement
- 6. The ADDIE Model

- 7. Key Presentation Skills: Balancing Verbal and Non-Verbal Messages
- 8. Developing and Organizing Presentation Content
- 9. Principles of Effective Business Writing
- 10. Tips for Leading Flawless Virtual Meetings
- 11. The Look and Sound of Confidence

Tools for Leading and Motivating Through Change

15 Lessons | 0.30 CEUs | 3 PMUs

Tough times call for agile groups, effective strategies, managing change, and motivating your unit to succeed. Turn adversity to opportunity with the skills you'll learn and build in this timely course.

- 1. SEAL Approach to Building Organizational Agility
- Strategy Development and Execution The ADEPTT
 Model
- 3. Effective Problem Solving and Decision-Making Tools
- 4. The Manager's Role During Change
- 5. Motivating and Influencing Throughout the Organization
- 6. Managing Resistance to Change
- Turning Resistance and Conflict into Collaboration and Consensus

- 8. Creating a Motivational Climate
- 9. Leading with Emotional Intelligence in the Workplace
- 10. Crafting a Strategy for Your Negotiation
- 11. Principles of Effective Business Writing
- 12. Achieving Growth by Building, Buying, or Partnering
- 13. Persuasive Techniques to Influence Others
- 14. Understanding Disruption and Preparing for Breakthrough Growth
- 15. Leading Your Team Through Ambiguity

Workforce Development: Business Fundamentals

6 Lessons | 0.20 CEUs

Build a foundational understanding of how a business operates and develop your problem-solving skills through data analysis. In addition, learn to manage projects that achieve results.

- 1. Accounting 101
- 2. Effective Problem Solving and Decision-Making Tools
- 3. Project Management for the Accidental Project Manager A Basic "How to" Approach
- 4. How to Understand and Analyze Financial Statement
- 5. Identifying and Managing Your Stakeholders
- 6. Becoming a Strategic Thinker



Workplace Communication Training

14 Lessons | 0.50 CEUs | 5 PMUs

Gain strategies to improve your communication skills no matter what your career level. Discover how to demonstrate credibility and acquire knowledge and insights to enhance your ability to motivate, persuade and influence throughout the organization.

- Enhancing Communication Skills
- 2. Framing the Message for Greater Impact
- 3. Building Credibility and Trust for Improved Communication
- 4. Motivating and Influencing Throughout the Organization
- 5. Communication Skills of a Credible Leader
- 6. Enhancing Collaborative Communication
- 7. Assertive Communication Skills for Women*

- 8. Principles of Effective Business Writing
- 9. Persuasive Communication Skills for Leaders
- 10. Crash Course in Mistake Free Business Writing
- 11. Strategies for Managing Situational Conflict
- 12. Building and Maintaining Trust
- 13. The Look and Sound of Confidence
- 14. The Perception of Tone in Virtual Communications

* optional lesson

Workplace Development: Problem Solving and Data Analysis

10 Lessons | 0.50 CEUs | 5 PMUs

Develop your problem-solving skills through data analysis and learn how to gather, manage and present data.

- 1. The ART of Analytical Thinking
- 2. Analyzing Data Using the DASA Model
- 3. Effective Problem Solving and Decision-Making Tools
- 4. Presenting Visually Compelling Data
- 5. Statistical Analysis Tools and Techniques

- 6. Leading the PAC: Researching and Presenting Data
- 7. Mastering Excel® Formulas and Functions Part 1
- 8. Mastering Excel® Formulas and Functions Part 2
- 9. Becoming a Strategic Thinker
- 10. Creative Thinking Techniques

