

FALL 2026

Course Guide

Canadian
Management
Centre

THINK DIFFERENTLY

Meet today's challenges head on



Better Working Lives. Stronger Organizations.

For 60+ years, Canadian Management Centre (CMC) has helped people build practical skills they can apply to their work, while helping organizations strengthen performance through their people.

► WHY ORGANIZATIONS CHOOSE US

Learning grounded in real work.

Practical approaches connected to real challenges people face at work.

Facilitators who bring it to life.

Experienced facilitators combine subject matter expertise with practical workplace insight.

Canadian relevance. Global depth.

Established management knowledge and global research, grounded in Canadian workplaces.

Support at the right scale.

From individual development to organization-wide capability building, we shape learning to fit the need.

► EXPERIENCE YOU CAN COUNT ON

60+

years helping Canadians become more effective at work

10,000+

people learning with CMC each year

15,000+

customized learning solutions delivered in the past 25 years

99%

say they gained relevant skills and knowledge they can apply at work



► **START WITH THE NEED**

What could stronger performance make possible?

Start with what you, your team or your organization needs to do differently, take on next or accomplish together. We will help you find the right way forward.

Grow in your current role

Build greater confidence and effectiveness in how you manage, lead, communicate, make decisions or contribute.

Develop the people on your team

Help employees build on their strengths, address a development need or prepare for greater responsibility.

Step into something new

Prepare for a new responsibility, a more senior role or changing expectations.

Strengthen a team or organization

Create greater consistency, address a shared challenge, or help people contribute to an important priority.

► **FIND YOUR WAY FORWARD**

For myself or someone on my team

Open Enrollment is a practical choice when one person or a few people need focused development. Learn more on pages **4-5**

For several people with a shared need or a broader organizational priority

Through Corporate Learning Solutions, we can deliver proven learning, adapt it to your workplace or shape a broader solution that supports change and performance over time. See pages **6-9**



Not sure where to begin?

Tell us what you are working toward. We will help you consider the options. Call 1-866-929-1590 or chat with our team at cmcoutperform.com

Learning You Can Put to Work.

Canadian Management Centre's Open Enrollment courses allow you or a few members of your team to join a scheduled session with peers from other organizations, in person across Canada or online.

► WHAT MAKES THE CMC EXPERIENCE DIFFERENT

Learn by doing

Work through realistic situations, practice new approaches and receive guidance and feedback.

Learn from experience

Experienced facilitators connect proven ideas to the challenges and responsibilities people face at work.

See beyond your own workplace

Exchange ideas with peers from different roles, organizations and industries who may approach familiar challenges differently.

Take it back to work

Connect learning to current responsibilities, goals or challenges and leave with approaches you can begin using immediately.

Learning for where you are now, and where you want to go

Find focused learning across AI, management, leadership, communication, project management, and other skills that contribute to your workplace success. Courses are designed for professionals, new and experienced managers, and senior leaders.



Make the experience work for you

Choose focused learning for an immediate need or build your capabilities over time. With different ways to learn and guidance when you need it, you can find an option that works for you.

► **CHOOSE HOW YOU LEARN**

In person	Virtual	OnDemand
Step away from the day-to-day and learn face-to-face with your facilitator and peers.	Join a live, instructor-led course. Participate, practice and connect with your peers online.	Learn independently, at a time and pace that work for you.

► **CHOOSE THE APPROACH THAT FITS YOUR GOALS**

Build a specific capability	Choose one course to address an immediate development need or prepare for a new responsibility.
Develop capability over time	Follow a Learning Path that brings together complementary courses around a broader area of development.

What would you like to be better prepared for?

Start exploring courses beginning on page 12.

Or, call 1-866-929-1590 or chat with our team at cmcoutperform.com

Learning Designed Around Your People and Their Work.

The skills your people need are shaped by the work they do, the challenges they face, and the goals your organization is working toward.

Canadian Management Centre's Corporate Learning Solutions works with you to understand what your people need to do more effectively and how learning can support the work in front of them.

Together, we shape an approach that reflects your workplace, priorities and goals, with practical learning connected to the work your people need to accomplish.

Experienced facilitators and support from planning through delivery help keep the learning relevant, practical and focused on application.



Where could stronger skills make a difference?

Stronger skills can help teams work more effectively, create greater consistency and support the priorities your organization is working toward.

Build stronger managers and leaders

Strengthen the clarity, confidence and consistency managers bring to their role.

Create greater consistency

Build shared skills and practices across teams, departments or locations.

Strengthen communication and collaboration

Equip people to communicate clearly, work through differences and collaborate more effectively.

Improve decision making and problem solving

Develop the judgement and problem-solving skills people need to make informed decisions.

Prepare people for new responsibilities

Give people the skills and confidence to step into broader roles and new challenges.

Support an organizational priority

Align skills with a new strategy, process or way of working.

CMC has taken the time to get to know us. They understand our challenges and guide our people through learning that supports what we're trying to achieve. CMC is an excellent partner.

— Corporate Client

Learning Options That Fit Your Organization.

Your learning needs may involve one group, several teams or employees across different roles and locations. You may need a focused training session, a longer learning journey or additional tools to help people apply what they learn.

Expert guidance and advice

Start with a conversation about your people, priorities and workplace needs.

Ready-to-deliver group training

Bring a CMC course to your team or organization for a dedicated learning experience around a shared need.

Customized learning

Adapt content, examples and activities to reflect your workplace and priorities.

Learning roadmaps and journeys

Connect learning experiences over time to support progressive development.

Content licensing

Use CMC content within your own programs, platforms or learning environment.

Flexible delivery

Choose in-person, virtual or blended delivery to fit your initiative.

OnDemand eLearning library

Give employees flexible access to practical learning when they need it.

Project management

A dedicated project manager coordinates the details and keeps the initiative moving through delivery.

Learning sustainment tools and activities

Accelerate the adoption of new skills and concepts in day-to-day work.

How we partner with you

A strong learning solution starts with a clear understanding of what you need and continues through design, delivery and review. We work with you at each stage to keep the learning relevant to your people, priorities and workplace.

Discover

Understand the Need

We meet with key stakeholders to understand the goals, challenges, success factors and practical considerations.

Design

Shape the Learning Approach

We review relevant CMC and client content, shape the program approach and confirm the outline and framework with you.

Develop

Create the Learning Experience

CMC develops the learning materials, incorporating your input and feedback before the program is finalized.

Deliver

Connect Learning to the Work

The program is delivered with a focus on practical application, participant engagement and connection to real work.

Decide

Determine What Comes Next

We review participant and stakeholder feedback, consider what will support continued application, and determine practical next steps to strengthen the impact of the learning.

The depth of each stage will vary depending on the needs and scope of your initiative. Throughout the process, the goal is to help your people connect the learning to their work and put new skills into practice.



Build a learning approach for your team

Talk to a Learning Advisor at cmcperform.com/CLS

Why AI Skills Matter Now

Insights from our global survey on AI*

95%

of organizations have
adopted AI technology

96%

say AI skills are crucial
for career effectiveness

57%

report gaps in AI
knowledge and skills

Build the skills to put AI to work

- Hands-on training you can apply immediately
- Integrate powerful AI tools into your daily work
- Practice with realistic workplace scenarios



*AMA Global Research, March 2026

Get AI skills you can use cmcoutperform.com/AI

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Use AI more confidently, recognize where it can help and make thoughtful decisions about how to put it to work.

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Look beyond the immediate issue, assess information more clearly and make better-informed decisions.

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Handle the day-to-day realities of managing people and work with greater clarity, confidence and consistency.

Train the Trainer

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Create learning experiences that keep people involved, make ideas easier to understand and support practical application.

Leadership

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Strengthen the practical capabilities that help you communicate, manage your work and contribute more effectively.

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Communicate clearly, navigate difficult conversations and build stronger working relationships across roles and teams.

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Project Management

40–41

Bring greater structure to projects, keep people aligned and move work forward with fewer surprises.

Strategic AI: Preparing Your Organization for Transformation

NEW

Lead AI transformation with strategy, not hype.

Cut through the hype and focus on where AI can create real business value. Learn to assess opportunities, costs, risks and organizational readiness, then build a responsible AI strategy and implementation roadmap aligned with your goals.

How You'll Benefit

- Identify where AI can create real value and strengthen your competitive position
- Evaluate costs, risks and potential returns to make informed investment decisions
- Assess organizational readiness and address barriers to AI adoption
- Build a responsible AI strategy and roadmap aligned with business goals

What You'll Cover

- AI concepts, business applications and impacts on competitive strategy
- Cost drivers, potential ROI and measures of success for AI initiatives
- Organizational readiness, employee resistance and AI-driven change
- AI risks, ethics, governance and implementation planning

Who Should Attend

Executives, managers and team leaders responsible for integrating AI into organizational strategy.

Duration: 2 Days

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/32554

Fees	Members \$2395 CDN	Non-Members \$2695 CDN	Public Sector 25% Off
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Winning with AI: Using AI Tools to Achieve Better Business Results

NEW

Take the challenge to practice putting AI tools and concepts into use in a risk-free environment.

Engage in a real-world business challenge that illustrates how to effectively use and leverage AI tools and see how AI can be integrated into an organization.

How You'll Benefit

- Get hands-on experience using popular AI tools such as Generative Prompts and Bots
- Explore cross-functional stakeholders' needs and demands
- Assess the impact AI has on talent development plans for you and others
- Develop an AI implementation plan and see how to assess the viability of options being considered
- Role-play in a safe, simulated environment with your peers and practice putting AI tools and concepts to use without risk

What You'll Cover

- Apply AI concepts, data and tools to solve business challenges
- Compare and contrast large language model AI options with open-source variations and identify which is more appropriate for your business
- Understand AI applications in copywriting, brainstorming, product innovation, recruitment, onboarding, financial analysis and more
- Convey the benefits of adopting AI and help others transition to an AI mindset

Who Should Attend

All business professionals who want to explore and practice putting AI into action in a supportive, risk-free simulation. Participants in this course should have a basic understanding of AI concepts and technology.

Duration: 2 Days

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/32609

Fees	Members \$2395 CDN	Non-Members \$2695 CDN	Public Sector 25% Off
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Artificial Intelligence (AI) Business Essentials Certificate Program

TRENDING

Build the AI fluency to spot useful opportunities and make more confident business decisions.

What People Are Saying

"Great introduction to AI technology and applicability to the workplace. The breakout group activities were useful to stimulate thinking about solving real problems with this technology."

— Danny M.

Learn. Apply. Succeed.

- Understand AI, generative AI and the current AI landscape in practical business terms
- Recognize what AI can do now, what may be possible next and where risks can appear
- Explore how AI may affect your organization, business groups, roles, workflows and career
- Consider data, technology, security and responsible use before recommending or adopting AI tools
- Use AI tools to extract useful information and diagnose real work challenges
- Build the readiness and habits needed to work effectively with AI
- Identify practical ways AI could support your work, team, department or organization
- Ask better questions and contribute more confidently to AI conversations and decisions

The Learning Experience

- Instructor-led learning for business professionals
- Workplace discussion with the facilitator and peers
- Guided activities using AI tools

Duration: 14 Hours

For Dates, Locations and Registration: cmcoutperform.com/32563

Fees

Members \$2395 CDN
Non-Members \$2595 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
For more information cmcoutperform.com/cls



Is this course right for you?

You need a practical understanding of AI and its business applications.



Ideal for: Business Professionals/Managers/Leaders

How to Use AI Tools with Confidence: A Hands-On Workshop

NEW

Explore and recognize the usefulness of the available AI tools for your business.

Understand fundamental information about AI and become familiar with key definitions. Explore and recognize the usefulness of the available AI tools. Gain insight into additional tools that may have impact on your company.

How You'll Benefit

- Understand foundations of Generative AI including key definitions, effectively prompting large language models
- Do a "deep dive" on AI - building a chatbot, business use cases and communication tools
- Look into the future of Generative AI including recognizing risks and mitigations, staying current, and how your business can adapt

What You'll Cover

- Understand the need to balance the current functionality and the unknowns of new technologies
- Appreciate the functionality provided by Generative Audio and Video tools
- Build a custom Generative Pre-trained Transformer (GPT) to understand the benefits of pre-prompts
- Recognize the impact and the importance of organizational AI usage policy and how it is lagging behind the speed of change in Generative AI

Who Should Attend

Professionals who want hands-on experience using AI tools, customizing chatbots, and applying AI-driven solutions in their work.

Duration: 3 Hours

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/37840

Fees	Members \$359 CDN	Non-Members \$399 CDN
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Advanced AI Tools for Business: A Hands-On Workshop

NEW

Turn everyday work into smarter ways of working with AI.

Go beyond basic AI use and discover practical ways to streamline complex work, improve the quality of results and make better use of information. Learn how to create reliable, responsible AI-supported approaches you can apply on the job.

How You'll Benefit

- Streamline complex, time-consuming work with practical AI approaches
- Get more useful and reliable results from the AI tools you use
- Apply AI more effectively to research, analysis and reporting
- Use AI confidently while managing quality, privacy and other risks

What You'll Cover

- Creating effective AI-supported approaches for multi-step tasks
- Providing the context and information AI needs to perform well
- Working with text, images, audio and data to accomplish more
- Evaluating AI-generated results and applying responsible safeguards

Who Should Attend

Those with a basic understanding of generative AI tools and prompting who want to move beyond introductory usage.

Duration: 3 Hours

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/37849

Fees	Members \$359 CDN	Non-Members \$399 CDN
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Take Your AI Skills to the Next Level

Additional courses to help you shape AI strategy, manage risk and use AI tools in your day-to-day work



Expand Your AI Capabilities

Launching Successful AI Projects

Choose the right AI use case, build stakeholder support and create a clear path to launch

cmcoutperform.com/32566

Responsible AI: Policies, Risks and Strategic Alignment

Create an AI policy that manages risk and aligns use with your organization's priorities

cmcoutperform.com/37843

OnDemand: Introduction to Artificial Intelligence

Learn AI fundamentals through flexible, self-paced learning

cmcoutperform.com/70029

Better AI Prompts for Better Results

Write stronger prompts for more useful AI results

cmcoutperform.com/37851

Build AI Agents That Deliver Results

Design, test and prepare a safe AI agent for launch

cmcoutperform.com/32614

Putting Learning Into Action

Harnessing the Power of AI and Critical Thinking for Better Decision Making

Combine AI-generated insights with critical thinking to make better business decisions

cmcoutperform.com/32612

Make AI Part of Your Workday

Learn to use Microsoft 365 Copilot more efficiently in Excel, Outlook, PowerPoint and Word

Navigating Microsoft 365 Copilot in Excel

cmcoutperform.com/37844

Navigating Microsoft 365 Copilot in Outlook

cmcoutperform.com/37845

Navigating Microsoft 365 Copilot in PowerPoint

cmcoutperform.com/37847

Navigating Microsoft 365 Copilot in Word

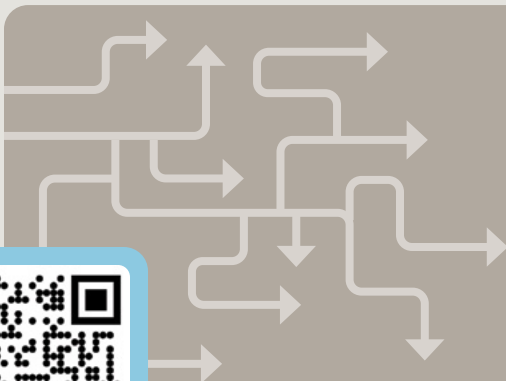
cmcoutperform.com/37846



Learning Paths: The Power of Continuous Learning

As industries rapidly change and job requirements evolve, engaging in continuous learning makes you more versatile, efficient and adaptable to new roles and responsibilities.

Our experienced Training Advisors will help you choose from a range of established learning paths or work with you to customize a path that suits your strengths, development opportunities, and career goals.



Choose from:

- ▶ Management
- ▶ Leadership
- ▶ Aspiring Leaders and High Potential Employees
- ▶ Artificial Intelligence
- ▶ Business Acumen
- ▶ And many more



For more information, visit cmcoutperform.com/learning-paths

Management Skills for New Supervisors and Managers

TRENDING

Develop the skills to become a high-performing manager and deliver exceptional results.

What People Are Saying

"I came into this course thinking I already knew most of the material, but it turned out to be a refreshing and insightful experience. The discussions, real-world examples, and shared challenges among participants made the learning feel relevant and practical. It was both validating and eye-opening, and I left with new ideas and confidence I can apply in my role."

— Edna S.

Learn. Apply. Succeed.

- Learn the core roles and responsibilities for managing successful teams
- Use the "conversational triangle" to ensure clear communication that fosters collaboration
- Develop the flexibility to tailor your management approach to maximize potential and engagement
- Understand motivation and how to create an environment that boosts team morale
- Develop clear, achievable performance goals for your team, ensuring everyone understands expectations
- Practice delivering actionable and constructive feedback, helping your team members improve skills and performance
- Learn delegation strategies that empower team members and free up your time to focus on higher-level tasks
- Use effective coaching techniques to help your team members develop their skills and reach their full potential

The Learning Experience

- Share your knowledge and challenges with your peers and CMC's highly experienced facilitators
- Practice coaching and delegation and receive real-time feedback

Duration: 14 Hours

For Dates, Locations and Registration: cmcoutperform.com/31248

Fees

Members \$2395 CDN
Non-Members \$2695 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
For more information cmcoutperform.com/cls



Is this course right for you?

Managers with less than three years of experience ready to sharpen their skills and build high-performing teams.



Ideal for: New Managers/Managers

Making the Transition to Supervising and Managing Others

TRENDING

Hit the ground running with the skills that will make you an immediate asset in your new role.

What People Are Saying

"This course gave me practical tools, useful resources, and the chance to learn from others who were also stepping into new leadership roles. The discussions and exercises created a supportive learning environment that helped build confidence and set me up for success."

— Naim D.

Learn. Apply. Succeed.

- Understand what your manager, peers and team expect of you in your new role
- Maximize your team's potential by identifying your work style and leveraging the strengths of others
- Learn to set clear objectives and communicate them effectively for results
- Apply delegation strategies to increase productivity and motivation
- Understand how to deliver supportive and corrective feedback to maximize performance
- Navigate conflict and disagreements professionally, fostering a productive team environment
- Develop time management strategies and learn to protect your time for maximum impact

The Learning Experience

- Share your knowledge and challenges with your peers and CMC's highly experienced facilitators
- Complete a self-assessment to develop insight into your style and how you work with others
- Participate in simulation activities that help transfer new skills back to the job

Duration: 14 Hours

For Dates, Locations and Registration: cmcoutperform.com/31243

Fees

Members \$2245 CDN
Non-Members \$2495 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
For more information cmcoutperform.com/cls



Is this course right for you?

New and aspiring supervisors and managers, ready to build the skills and confidence to manage successful teams.

Ideal for: Business Professionals/New Managers

Getting Results Without Authority

TRENDING

Build support. Gain cooperation. Get important work done.

What People Are Saying

"The material was well organized and supported with interactive exercises. Facilitator shared helpful references that reinforced the learning."

— Kathryn C.

Learn. Apply. Succeed.

- Move an important responsibility forward by identifying what is standing in the way and whose support you need
- Strengthen your influence by understanding how credibility, expertise, relationships and track record affect cooperation
- Look beyond your own priorities to understand what matters to others and what you can offer in return
- Shape persuasive messages around stakeholder needs so your ideas are heard, understood and more likely to gain support
- Respond constructively to resistance and conflict, and negotiate workable solutions that protect relationships and keep work on track

The Learning Experience

- Work on a real workplace challenge throughout the course
- Practice persuasion and negotiation through exercises, partner work and role-play
- Receive feedback through facilitator guidance, group discussion and peer learning
- Build an action plan for gaining support and moving the work forward

Duration: 14 Hours

For Dates, Locations and Registration: cmcoutperform.com/32532

Fees

Members \$2395 CDN
Non-Members \$2695 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
For more information cmcoutperform.com/cls



Is this course right for you?

You need cooperation from people who don't report to you to keep important work moving.



Ideal for: Business Professionals/Project Managers/Team Leads/Technical Professionals

Managing Chaos: Tools to Set Priorities and Make Decisions Under Pressure

Gain control over expanding workloads and increasing demands.

Get proven solutions for managing chaos and minimizing its negative impact. Gain hands-on experience applying tools for setting priorities and adjusting to shifting demands with greater clarity. Practice techniques for analyzing and resolving problems and learn to strategically communicate your solutions. Leave confident and ready to alleviate chaos and better manage your reactions to the chaos beyond your control.

How You'll Benefit

- Identify positive outcomes from chaotic environments
- Clarify and leverage or eliminate chaos within your control
- Set priorities for all your activities
- Focus and act decisively when priorities shift
- Use tools to problem-solve and select a course of action
- Manage interruptions and conflicts with greater ease

What You'll Cover

- Defining personal and group goals in a chaotic environment
- Identifying chaos within your control
- Identifying root causes of problems/issues
- Generating creative solutions to problems
- Creating a daily action plan
- Using influencing tactics in conversations
- Applying tools and techniques to resolve case scenarios developed in the class

Who Should Attend

Anyone facing expanding workloads, shifting priorities, complex organizational dynamics, organizational restructuring and increased uncertainty.

Duration: 2 Days

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/32261

Fees	Members \$2245 CDN	Non-Members \$2495 CDN	Public Sector 25% Off
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Delegation Bootcamp

Learn how to delegate effectively and entrust your work to others.

Let's face it. To simply delegate the work is not as easy as it seems. This fast-paced, intensive one-day workshop gives you real-world practice in delegation strategies that will reduce your stress level, empower your staff, and build morale. Put this delegation skills training to work for you to pinpoint the right task, the right time, and the right person to help you maximize productivity for you and your team.

How You'll Benefit

- Exhibit greater competence and confidence in assigning work and responsibilities
- Foster greater teamwork, cooperation and collaboration
- Prevent miscommunication when setting tasks and expectations
- Empower and motivate staff to handle more difficult assignments

What You'll Cover

- Recognizing repercussions of poor delegation and avoiding common mistakes
- Learning what and to whom to assign, when to start, and how to maintain control and give feedback
- Applying quality management and accountability

Who Should Attend

Managers, supervisors, project managers and team leaders who have direct reports or who work in a team environment.

Duration: 1 Day

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/32819

Fees	Members \$1345 CDN	Non-Members \$1495 CDN	Public Sector 25% Off
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Collaborating for Results

Have greater impact on team success by breaking down barriers and achieving better, faster results.

Are you struggling to foster a collaborative and productive work environment within your organization? Do you want to learn how to build your credibility and develop greater influence with others? In this course, you will discover effective strategies for creating a collaborative team culture, improving communication, and harnessing the power of trusting relationships to get work done. Our experienced facilitators will guide you through real-world scenarios and case studies, offering practical insights and tools that you can immediately apply to your own work environment.

How You'll Benefit

- Build greater credibility across your organization
- Develop strategies to influence your desired outcomes
- Break down barriers to team cooperation and organizational effectiveness
- Achieve more trusting relationships with colleagues, stakeholders and leaders
- Create a collaborative work environment for faster, better results

What You'll Cover

- Understand why collaboration is so important in today's workplaces
- Understand the link between emotional intelligence and successful collaboration
- Learn and apply collaborative techniques to achieve desired outcomes
- Overcome barriers to effective collaboration

Who Should Attend

People and project leaders who want to inspire greater involvement, collaboration and business results from their direct reports, colleagues and/or stakeholders.

Duration: 1 Day

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/98007

Fees	Members \$1095 CDN	Non-Members \$1245 CDN	Public Sector 25% Off
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Collaborative Leadership Skills

Build crucial collaborative leadership skills to enhance team and individual commitment.

Why become a collaborative leader? It gives you the ability to break down silos, energize your team and bring out the best in your direct reports. Get a roadmap to be an adaptive manager: someone who can create clarity and vision and build mutual trust with your team.

How You'll Benefit

- Create a culture that fosters involvement from all employees and helps break down silos
- Customize your management style to encourage employees to find their own answers to business challenges
- Improve accountability by allowing your employees to have ownership of the results of their efforts
- Leverage social media to enhance discussions, obtain recommendations and information, network and establish relevance

What You'll Cover

- Removing roadblocks that prevent employees from doing their best work
- Enhancing team creativity and involvement without expensive programs or initiatives
- Providing greater opportunities for employees to own and implement their ideas
- Developing a mindset that can increase your innovation skills and produce new ideas

Who Should Attend

Mid-level managers who want to inspire greater involvement, creativity and knowledge sharing in their employees.

Duration: 2 Days

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/32186

Fees	Members \$2345 CDN	Non-Members \$2595 CDN	Public Sector 25% Off
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Essential Skills for Stronger Management

Additional courses to help you develop the day-to-day skills to lead a team and continue your professional growth



Ownership and Accountability: Building a Winning Team

Set clear expectations and improve follow-through so team members take greater ownership of results

cmcoutperform.com/32611

Leading Through Change

Build trust, gain buy-in and help your team stay productive through change

cmcoutperform.com/21006

Tips for Giving and Receiving Feedback

Make feedback clearer and easier to act on, whether you are giving or receiving it

cmcoutperform.com/67831

OnDemand: Manager Quick Start: Essential Management

Learn the essentials of managing people through flexible, self-paced learning

cmcoutperform.com/70012

The 7 Habits for Managers®:

Essential Skills and Tools for Leading Teams

Apply the 7 Habits® to manage priorities, improve relationships and lead your team

cmcoutperform.com/32602

Certified Professional in Management™ Exam Prep Course

Prepare for the AMA-CPM® exam and take the next step toward earning the credential

cmcoutperform.com/32966

Learn more about the AMA-CPM®

cmcoutperform.com/CPM

Public Sector Learning Solutions

Powerful Skill Development for the Public Sector

We offer hands-on, facilitator-led training, relevant and practical content, and flexible learning formats to suit every need. Take advantage of open enrollment courses, or tailored and fully customized solutions for organization-wide learning.

We understand the constantly evolving challenges of the Public Sector and the most successful private sector business strategies. This blend of expertise enables us to bridge the gap and ensure public sector professionals can maximize learning and strategies from across sectors.



Preferred Pricing on Open Enrollment courses

Save 25% on most courses

For more information visit cmcoutperform.com/public-sector or call 866-929-1590 to speak with a Training Advisor today.

Go Beyond®: Becoming an Extraordinary Leader

TRENDING

Unlock your leadership potential and build a positive team culture that delivers desired results.

What People Are Saying

"The course was really insightful. The facilitator did a wonderful job of engaging with the group and making a safe space to share our thoughts and experiences. I didn't expect to leave feeling empowered, heard, and less alone, which made it much more worthwhile. I will be taking the materials and knowledge that I gained from this course with me in my career, and it really inspired me to do a lot more self-reflection."

— Team Lead Corporate Services

Learn. Apply. Succeed.

- Enhance your ability to influence and guide your team toward achieving strategic objectives
- Cultivate a positive, collaborative environment that keeps your team motivated and productive
- Develop emotional intelligence to build stronger relationships with your team, leading to increased satisfaction and lower turnover
- Translate organizational goals into actionable objectives for your team, ensuring alignment with the bigger picture
- Learn delegation strategies that free up your time for strategic tasks while empowering your team to take ownership
- Sharpen your coaching skills to identify and nurture strengths within your team, maximizing their contributions
- Learn to clearly communicate goals and expectations, fostering a collaborative environment that drives results
- Invest in your development as a leader, setting yourself apart and positioning yourself for career advancement opportunities

The Learning Experience

- Gain valuable insights from a community of leaders, allowing you to make informed decisions with confidence
- Share your knowledge and challenges with your peers and CMC's highly experienced facilitators

Duration: 14 Hours

For Dates, Locations and Registration: cmcoutperform.com/98061

Fees

Members \$2395 CDN
Non-Members \$2695 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
For more information cmcoutperform.com/cls



Is this course right for you?

Experienced leaders and managers who wish to enhance their leadership capabilities, elevate their confidence, and make a greater impact on their team's success.

Ideal for: Managers

Coaching Skills for Effective Leadership

TRENDING

Stop solving every problem. Start developing your people.

What People Are Saying

"The course content was very relevant to my job. I have bookmarked areas that I expect I will return to again and again."

— Tammy W.

Learn. Apply. Succeed.

- Recognize coaching opportunities and determine when coaching is the right response
- Build the trust and openness employees need to think, learn and change
- Assess performance, potential and strengths, then adapt your communication style and coaching plan to the employee and situation
- Listen actively and ask questions that help employees explore options, set goals and take ownership of the way forward
- Handle difficult coaching conversations with emotional control, focus on observed behaviour and guide employees toward workable solutions
- Give reinforcing and constructive feedback that supports continued growth and improvement
- Turn agreements into action through clear commitments, practical support, timely feedback and consistent follow-up that help employees stay accountable and make progress

The Learning Experience

- Complete pre-course reflection and assess your communication style
- Learn through facilitator guidance, demonstrations and discussion of real workplace coaching challenges
- Practice coaching conversations through partner exercises and role-plays
- Receive feedback from the facilitator and peers, then create a personal action plan

Duration: 14 Hours

For Dates, Locations and Registration: cmcoutperform.com/32506

Fees

Members \$2395 CDN
Non-Members \$2695 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
For more information cmcoutperform.com/cls



Is this course right for you?

You need to help employees improve performance, build skills and take ownership.



Ideal for: Managers/Supervisors/Team Leaders

Women’s Leadership Certificate Program

TRENDING

Strengthen your leadership voice. Expand your influence. Create greater value.

What People Are Saying

“It was a great class and it was nice having the real world examples to help put the information in context. It was also nice to know that I’m not alone in some of the struggles in the workplace. Moreover, helped highlight a lot of areas of opportunity and internal growth for me as a person and applying within the company.”

— Keri K.

Learn. Apply. Succeed.

- Develop an authentic leadership voice and use it with courage and conviction
- Recognize biases that can affect how you are heard and role-model a culture of feedback
- Turn ideas into compelling messages and business cases so stakeholders understand the value, risks and expected results
- Strengthen your strategic thinking by connecting organizational direction to daily work and anticipating future needs and risks
- Build influence by strengthening your strategic network, navigating organizational politics and making your team’s contribution more visible
- Adapt your negotiation style and use a four-step process to advocate for priorities and reach mutually beneficial agreements

The Learning Experience

- Facilitator guidance, examples and discussion that connect concepts to workplace realities
- Individual reflection and assessments of leadership and negotiation styles
- Small-group exercises, case studies, role-play and peer feedback
- A leadership journal and personal action plan to carry learning forward

Duration: 14 Hours

For Dates, Locations and Registration: cmcoutperform.com/32960
Fees Members \$2695 CDN Non-Members \$2995 CDN Public Sector 25% Off
This course is available as a corporate solution for your team. <u>For more information cmcoutperform.com/cis</u>



Is this course right for you?

You want to strengthen your leadership voice, influence and organizational impact.

Ideal for: Professional Women/Aspiring Leaders/Managers

Preparing for Leadership

TRENDING

Build the confidence and practical skills to take the lead.

What People Are Saying

"This course has been invaluable to my growth into leadership. I've been a professional for over 15 years and the modules taught - the exercises within - have been a game changer for me. Highly recommend."

— Heather C.

Learn. Apply. Succeed.

- Clarify what effective leadership requires and identify the capabilities you need to develop
- Adapt your leadership and communication style to engage different people and respond effectively to different situations
- Connect day-to-day work to organizational priorities so your team understands how its contribution supports broader goals
- Strengthen your leadership presence through clear, confident and credible communication
- Build influence by developing key relationships and navigating organizational dynamics
- Motivate and develop others through effective coaching and mentoring conversations

The Learning Experience

- Facilitator guidance grounded in workplace examples and guided discussion
- Self-assessments and individual reflection
- Small-group scenarios, exercises and an influence case study
- Partner role-plays, peer feedback and workplace action planning

Duration: 14 Hours

For Dates, Locations and Registration: cmcoutperform.com/32536

Fees

Members \$2395 CDN
Non-Members \$2695 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
For more information cmcoutperform.com/cls



Is this course right for you?

You're preparing to lead and want to build confidence, credibility and influence.



Ideal for: Aspiring Leaders/High-Potential Employees/New Leaders

Leading Through Change

TRENDING

Build trust and commitment when change creates uncertainty.

What People Are Saying

"It was a good session with our leadership team, the session made us all think and provided tools that we can apply in real situations."

— Shweta K.

Learn. Apply. Succeed.

- Distinguish types of change and clarify your role as a change leader who provides direction and keeps implementation on track
- Recognize your response to change, anticipate how others may react and adapt your approach to build readiness and commitment
- Manage the scope and pace of change with awareness of overload, helping people adjust with less disruption and stress
- Identify whether people are in denial, resistance, exploration or commitment and choose actions that help them move forward
- Build a realistic change plan by assessing stakeholder impact, anticipating resistance and preparing messages to explain the change, invite feedback and build commitment

As a leader of change, consider **Embracing Change: Strategies for Team Members (Pg 53)** to equip your organization with the skills and resilience needed to navigate and thrive in changing environments.

The Learning Experience

- Facilitator-guided discussions using participants' current and recent change experiences
- A workplace case study followed by group discussion and facilitator debrief
- A pre-course change-style self-assessment, followed by peer discussion of different reactions and perspectives
- Hands-on planning for a current or recent change, including partner feedback on communication and personal action goals

Duration: 7 Hours

For Dates, Locations and Registration: cmcoutperform.com/21006

Fees

Members \$895 CDN
Non-Members \$995 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
For more information cmcoutperform.com/cls



Is this course right for you?

You're responsible for implementing change and need to help people adapt while keeping work moving.

Ideal for: Supervisors/Team Leaders/Managers

Building a Trust-Based Team

TRENDING

Great team culture doesn't happen by chance.

Strong teams don't happen by chance. They are built on trust, candour and the psychological safety to speak openly, contribute fully and work through challenges. Whether you lead the team or contribute as a member, discover five principles for creating a stronger, more supportive and productive team culture.

How You'll Benefit

- Build a team culture grounded in trust and psychological safety
- Create an environment where everyone can contribute fully
- Strengthen collaboration through shared principles and expectations
- Identify practical ways to improve your contribution to team culture

What You'll Cover

- Understand how culture influences team and organizational results
- Explore five principles and the behaviours behind them
- Assess your collaborative strengths and opportunities for growth
- Commit to actions that strengthen trust and team culture

Who Should Attend

Leaders and intact teams who wish to build a strong, positive, trust-based team culture.

Duration: 4 Hours

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/22014

Fees	Members \$475 CDN	Non-Members \$499 CDN	Public Sector 25% Off
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Leadership and Team Development for Managerial Success

Become the engine of a high-performance team.

Managers who will be promoted are those who manage efficiently and lead their teams effectively. Learn when to lead and when to get out of the way: know and teach critical leadership skills to members of your team, so that any one of them can lead in your absence.

How You'll Benefit

- Discover insights into your current leadership style
- Become a leader who empowers your team and brings out their best
- Build confidence to adapt your personal leadership style
- Identify and apply the most effective leadership style to team situations
- Develop the skills to facilitate effective teams including conflict management

What You'll Cover

- Understanding leadership style and the situation
- Emphasizing the importance of vision in aligning team performance
- Examining the leader's role as a motivator and coach
- Distinguishing the four team types
- Exploring the principles that make teams work

Who Should Attend

New managers and team leaders seeking to develop leadership capabilities and improve team engagement.

Duration: 2 Days

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/32239

Fees	Members \$2395 CDN	Non-Members \$2695 CDN	Public Sector 25% Off
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Leading with Emotional Intelligence

TRENDING

Read the room, manage your reactions and lead more effectively.

What People Are Saying

"This course was a very positive experience. I am late in my career to become a manager of a small group. Coming from a strictly technical background I found this course very helpful in solidifying a few concepts already in hand and expanding greatly my understanding of modern management concepts."

— Gerald D.

Learn. Apply. Succeed.

- Recognize emotional cues and adapt how you listen and respond so conversations remain thoughtful and productive
- Build credibility and influence by using empathy and considering others' needs rather than relying on authority
- Inspire and connect with others through authentic leadership stories that build trust
- Manage defensiveness and exchange feedback in ways that strengthen relationships and encourage creativity
- Work through resistance, change and conflict by addressing different perspectives and building a shared path forward
- Assess team mood and stress, encourage optimism and apply your learning to a current leadership challenge

The Learning Experience

- Guided self-assessments and reflection on your emotional awareness, listening and leadership habits
- Facilitator guidance and group discussion grounded in workplace situations
- Individual, partner and team exercises with opportunities to practice, present and receive feedback
- Application to a current leadership challenge, followed by peer review and action planning

Duration: 21 Hours

For Dates, Locations and Registration: cmcoutperform.com/32133

Fees

Members \$2695 CDN
Non-Members \$2995 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
For more information cmcoutperform.com/cls



Is this course right for you?

You lead others and need to respond effectively when stress, emotion or resistance affects the team.

Ideal for: Leaders/Managers

Expand Your Leadership Impact

Choose targeted development for the leadership challenges you face now and the responsibilities ahead



Lead People & Teams

Collaborative Leadership Skills

Break down silos and help people work together toward shared goals

cmcoutperform.com/32186

Leading in a Diverse and Inclusive Culture

Recognize bias and use inclusive practices that encourage everyone to contribute

cmcoutperform.com/98066

Leveraging Generational Differences

Move beyond generational stereotypes to strengthen communication, trust and collaboration across age groups

cmcoutperform.com/34220

Ownership and Accountability: Building a Winning Team

Build a culture of ownership and accountability that strengthens trust, follow-through and team performance

cmcoutperform.com/32611

Strengthen Your Influence and Presence

Expanding Your Influence:

Tapping Into the Power of Persuasion

Earn trust, gain buy-in and move ideas forward

cmcoutperform.com/32204

Storytelling Workshop for Leaders

Use well-structured stories to make your message memorable and move people to action

cmcoutperform.com/21010

Executive Presence for Women

Communicate with greater confidence and credibility while staying true to your leadership style

cmcoutperform.com/62179

Advance Your Strategic and Executive Leadership

Agile Leadership and Strategy

Adapt your strategy and leadership approach as conditions change and lead through uncertainty

cmcoutperform.com/62546

Developing Executive Leadership

Develop the perspective and presence to set direction and lead at the executive level

cmcoutperform.com/32501

Advanced Executive Leadership Training

Expand your strategic perspective and influence to lead through complex, organization-wide challenges

cmcoutperform.com/32104

Conflict Management Workshop

TRENDING

Turn workplace tension into a productive conversation.

What People Are Saying

"This Conflict Management course was an excellent course! The course was well paced, with each module building upon the next in a really logical and easy to understand way. The course provides frameworks and concepts that can be applied to both personal and professional aspects and I will absolutely be recommending it to other colleagues."

— Past Participant

Learn. Apply. Succeed.

- Recognize when disagreement becomes emotionally charged, separate facts from assumptions and manage your reaction to avoid escalating the situation
- Understand your conflict responses and choose an approach that balances your priorities and the other person's concerns
- Move tense conversations toward resolution by acknowledging concerns, finding common ground and agreeing on responsibilities and follow-up
- Communicate assertively without provoking defensiveness by focusing on facts, expressing your needs and saying no when necessary
- Prepare for difficult conversations by defining the desired result, anticipating barriers and reaching agreements that keep work and relationships moving forward

The Learning Experience

- Facilitator-guided discussions that connect the concepts to participants' own workplace situations
- A self-assessment and small-group activities to examine conflict tendencies and compare different approaches
- Paired exercises, scenarios and role-play to practice assertive communication and difficult conversations, with peer coaching and feedback
- Reflection, a reusable planning worksheet and action planning to apply the learning to a real conflict situation

Duration: 7 Hours

For Dates, Locations and Registration: cmcoutperform.com/21007

Fees

Members \$895 CDN
Non-Members \$995 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
For more information cmcoutperform.com/cls



Is this course right for you?

You need to address workplace conflict directly while keeping relationships and work on track.

Ideal for: Business Professionals/New Managers

TRENDING

How to Communicate with Diplomacy, Tact and Credibility

Say what needs to be said without losing trust or credibility.

What People Are Saying

"This was a great course with a very enthusiastic instructor who made it very interactive. A lot of insightful topics and information that has made me aware about situations I never thought of and extra things to think about. 11/10!"

— Karla H.

Learn. Apply. Succeed.

- Recognize how perception, behaviour and communication choices shape your professional image and influence your credibility
- Align your words, tone and nonverbal signals and remove communication roadblocks so your message is received as intended
- Strengthen your listening and questioning skills and respond thoughtfully
- Recognize your communication style and how stress affects it, then flex your approach to reduce defensiveness and gain cooperation
- Prepare for difficult interactions by considering what others need to know, believe, feel and do, then practice a response that maintains confidence and credibility

The Learning Experience

- Facilitator guidance and discussion tied to workplace communication challenges
- Individual reflection and a communication-style self-assessment
- Videos, small-group activities and workplace case studies
- Realistic role-play, peer feedback and personal action planning

Duration: 14 Hours

For Dates, Locations and Registration: cmcoutperform.com/32206

Fees

Members \$2395 CDN
Non-Members \$2695 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.

For more information cmcoutperform.com/cls



Is this course right for you?

You need to communicate clearly and confidently, even when people or priorities differ.



Ideal for: Business Professionals

Communicating Up, Down and Across the Organization

TRENDING

Build credibility and influence at every level.

What People Are Saying

"This was a great workshop! Well organized, detailed and easy to understand workbook, and the instructor allowed for a lot of open discussion which led me to find the answers I was looking for."

— Rebecca V.

Learn. Apply. Succeed.

- Build confidence and credibility by understanding how you come across, then use rapport-building behaviours to strengthen trust with colleagues at every level
- Assess what different audiences need from you, then adapt your approach to their roles, priorities and communication preferences so your message connects
- Plan messages around what you want others to know, believe, feel and do, and choose a communication channel suited to the situation
- Choose an influencing approach that fits the person and situation, then frame your message to gain support and move work forward
- Bring the elements together by preparing and practising a workplace message, planning how to check understanding, and committing to a specific next step

The Learning Experience

- Complete a pre-course self-assessment to identify your preferred ways of influencing others
- Learn through facilitator guidance, group discussion and audio demonstrations of how delivery shapes a message
- Work through cases and partner exercises, practising realistic communication situations and receiving feedback
- Apply the course to a real communication challenge and create a specific action plan

Duration: 14 Hours

For Dates, Locations and Registration: cmcoutperform.com/32203

Fees

Members \$2395 CDN
Non-Members \$2695 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
For more information cmcoutperform.com/cfs



Is this course right for you?

You want to feel more confident getting your ideas across, whether speaking with senior leaders, colleagues or direct reports.

Ideal for: Professionals/Managers

Assertiveness Training for Women in Business

Believe in yourself and others will too!

Send the right signals and get the right responses every time. By knowing how to handle yourself in just about any situation that comes up—without seeming either shy or pushy—you'll get things done and get what you want. You'll command respect.

How You'll Benefit

- Identify the characteristics of the four assertiveness styles
- Assess your individual assertiveness style and its effectiveness
- Demonstrate assertiveness techniques using supportive communication behaviours
- Define negotiation and its connection to assertiveness
- Develop an action plan to overcome at least two personal obstacles to assertiveness
- Incorporate techniques into everyday practices

What You'll Cover

- Recognize your own strengths and opportunities
- Practice assertive behaviours in challenging situations
- Learn to use assertive communication techniques: verbal, nonverbal and assertive listening
- Better manage day-to-day interactions with colleagues, managers and clients
- Employees feel a stronger sense of empowerment in their role

Who Should Attend

All women professionals, managers and supervisors who want to improve and build on their communication, conflict resolution, delegation and action planning skills.

Duration: 2 Days

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/32528

Fees	Members \$2345 CDN	Non-Members \$2595 CDN	Public Sector 25% Off
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Assertiveness Training for Managers

Achieve greater results and higher influence with assertiveness techniques that will build confidence and credibility.

If you want to enhance your leadership stature and persuade others to help you reach your goals, Assertiveness Training for Managers is an important first step. This course gives you the opportunity to learn how your behaviour style impacts your overall performance as a manager. You'll take stock of your current assertiveness skills and learn how you can improve them for a more effective approach. Using the behaviour modelling approach toward assertiveness training, learn to employ assertiveness skills to take control of a situation without alienating others.

How You'll Benefit

- Demonstrate effective ways to influence behaviour change for positive results
- Resolve conflict and express disagreement without alienating others
- Maintain confidence and emotional control in tough situations
- Demonstrate techniques to gain recognition and influence

What You'll Cover

- React assertively, appropriately and confidently in any situation
- Create a polished, powerful and professional managerial style
- Improve effectiveness as a manager by getting things done through others
- Effectively produce stronger communicators for increased efficiency
- Build a strong effective management team
- Apply assertive behavioural techniques to manage others effectively
- Assess the link between assertiveness, personal power and self-confidence

Who Should Attend

Professionals interested in adopting a more impactful and effective interpersonal management style.

Duration: 3 Days

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/32527

Fees	Members \$2495 CDN	Non-Members \$2795 CDN	Public Sector 25% Off
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Mastering the Art of Critical Conversations

Face up to high-stakes or emotional conversations with results-oriented skills.

Productivity stems from effective communication, including your ability to express controversial and risky opinions effectively. Learn and practice using real-life models to conduct difficult conversations on any topic, speak openly and honestly, and get results that count.

How You'll Benefit

- Determine your “hot buttons” and take steps to manage your emotions
- Openly express opinions that can lead to success and productivity
- Give and receive feedback without negativity
- Self-monitor your reactions and keep calm during critical conversations
- Develop advanced strategies for managing critical conversations, as well as getting them back on track

What You'll Cover

- Analyzing elements of a critical conversation
- Understanding your physiological response when emotional hijacking occurs
- Practicing tools to deal with various emotional responses
- Rehearsing having critical conversations on the fly
- Examining your beliefs and self-fulfilling tendencies
- Identifying remedies to manage critical conversations when they get off track
- Preparing for and practicing different types of critical conversations

Who Should Attend

Anyone who wants to be better prepared to manage critical conversations that can have a significant impact on relationships at work.

Duration: 2 Days

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/32146

Fees	Members \$2395 CDN	Non-Members \$2695 CDN	Public Sector 25% Off
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Effectively Communicating in the Moment

Convey confidence and credibility by communicating with speed, clarity and precision.

Apply pre-emptive and in-the-moment strategies to excel when communicating in unscripted situations. Learn strategies for managing emotional and physiological responses, along with mental templates to guide and frame your responses. You'll also receive peer and leader feedback plus insights from a video session that will help you recognize and improve your nonverbal delivery behaviours.

How You'll Benefit

- Manage stress in difficult impromptu interactions
- Organize and frame responses using mental templates
- Integrate impactful nonverbal delivery behaviours into your in-the-moment communications

What You'll Cover

- Learning tools and strategies for rapid communication
- Understanding how social media, texting and emailing relate to in-the-moment communications
- Responding to hostile questions assertively and professionally
- Handling mediated in-the-moment communication on phone calls, in video conferences and on conference calls

Who Should Attend

All business professionals who need to develop and improve their in-the-moment communication capabilities and confidence.

Duration: 2 Days

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/32031

Fees	Members \$2395 CDN	Non-Members \$2695 CDN	Public Sector 25% Off
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Enhancing Communication Through DiSC®

Understanding and adjusting to others' styles is key for effective communication, collaboration, and alignment.

The DiSC® model is a simple tool that helps people understand themselves and others, so they can learn to connect and build relationships with different kinds of people. In this workshop, you'll learn more about yourself and how you interact with others. Explore the four styles and learn how each style contributes and adds value on a team. Learn to adjust your behaviour to improve how you work with your colleagues and get better results.

How You'll Benefit

- Improved sharing of information, problem solving, collaboration, and relationships with colleagues
- Stronger one-on-one relationships for better coaching, feedback, and performance discussions
- Shared vocabulary for discussing personal styles to support team culture and alignment

What You'll Cover

- Understand what drives your behaviour, including your motivations, inclinations, priorities, and stressors
- Increase awareness of other styles, the value they bring, and how their motivations, inclinations, priorities, and stressors are different from yours
- Recognize how and when to adapt your behaviour to communicate and interact more effectively with others

Who Should Attend

Individuals looking to improve their communication and influencing skills.

Duration: 3.5 Hours

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/98080

Fees	Members \$475 CDN	Non-Members \$499 CDN	Public Sector 25% Off
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Influencing Skills Workshop

Overcome personal barriers to effectively influence others.

Gain insights into the nature of influence and your own influence style that will equip you with the knowledge you need to build credibility with others – no matter what level of the organization you are dealing with. You'll learn to craft compelling messages that will allow you to connect emotionally to your stakeholders and enable you to negotiate with greater success.

How You'll Benefit

- Understand the impact of communication styles
- Realize the relationship between credibility and influence
- Gain insights into overcoming influence challenges through collaborative exercises
- Identify opportunities to build stronger relationships
- Build trust between you and your colleagues

What You'll Cover

- Apply influence models to help you develop effective influence strategies
- Understand the person you are trying to influence and what may be driving their needs
- Build your personal credibility as it relates to your individual influence challenges
- Employ effective questioning techniques to persuade others to your point of view
- Craft compelling messages that inspire, influence, persuade and motivate

Who Should Attend

Managers, supervisors, team leaders, project managers and business professionals who need to achieve results with and through others.

Duration: 1 Day

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/21003

Fees	Members \$895 CDN	Non-Members \$995 CDN	Public Sector 25% Off
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Developing Your Emotional Intelligence

TRENDING

Better understand yourself and the effect you have on others.

What People Are Saying

"The course brought to light many facts I "knew" but have failed to implement into my daily life. It helped me understand the importance of my nonverbal actions as well as my self talk."

— Jimmy M.

Learn. Apply. Succeed.

- Recognize and name emotions, notice mental and physical signals, so you can regulate your response
- Understand how your emotional intelligence affects others, use communication, active listening and empathy to build trust and strengthen relationships
- Recognize how stress shows up emotionally and physically, practice stress management and resilient thinking to stay effective when pressure builds
- Approach conflict with greater awareness of relationships and response styles, helping you maintain productive dialogue and collaboration
- Integrate self-awareness, emotional regulation, empathy and resilience to navigate complex workplace situations more effectively

The Learning Experience

- Facilitator-led explanations and guided group discussions
- Individual self-assessments and structured reflection
- Partner and group activities with review and feedback
- Listening practice, audio scenarios and action planning

Duration: 14 Hours

For Dates, Locations and Registration: cmcoutperform.com/32144

Fees

Members \$2345 CDN
Non-Members \$2595 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
For more information cmcoutperform.com/cls



Is this course right for you?

You want to understand your reactions, stay steady under pressure and build stronger working relationships.

Ideal for: Business Professionals at All Levels

Communication Skills for Real Workplace Situations

Choose focused learning for the conversations and situations that matter most at work



Communicate With Confidence and Impact

Building Better Work Relationships: New Techniques for Results-Oriented Communication

Understand your communication style and adapt it to different people and situations

cmcoutperform.com/32235

Powerful Communication Techniques

Communicate clearly under pressure by choosing the words, tone and approach that best fit your audience

cmcoutperform.com/67828

Confidence-Building Skills for Women

Speak up, set boundaries and handle difficult conversations more assertively

cmcoutperform.com/67822

Manage Conflict, Stress and Emotions

Managing Emotions in the Workplace: Strategies for Success

Stay focused and respond constructively when stress or emotions run high

cmcoutperform.com/32540

Responding to Conflict: Strategies for Improved Communication

Resolve disagreements more constructively by understanding and adapting your conflict style

cmcoutperform.com/32115

Strengthen Your Negotiation Skills

Essentials of Negotiation (2 Days)

Use a structured, collaborative approach to plan negotiations, influence outcomes and reach mutually beneficial agreements

cmcoutperform.com/32513

Negotiation Skills Workshop (1 Day)

Practice negotiation strategies that improve outcomes while preserving working relationships

cmcoutperform.com/21008

Improving Your Project Management Skills: The Basics for Success

TRENDING

Turn project responsibility into a clear, workable plan.

What People Are Saying

"It was a great and engaging class. Perfect for someone like myself, who is not necessarily a project manager but does take on projects in my organization of varying scales."

— Robert M.

Learn. Apply. Succeed.

- Learn a practical structure for guiding a project from idea to completion, applying each stage to a realistic case so you can use it at work
- Start projects with a shared understanding of why the work matters, what success looks like, who should be involved and what the team must deliver
- Turn a broad project goal into manageable work, with clear responsibilities and realistic plans for the people, time and costs involved
- Think ahead about communication, resources and potential risks so gaps and issues can be addressed before they disrupt the project
- Keep projects moving by monitoring progress, communicating changes and bringing the work to a clear close, with lessons captured to strengthen future projects

The Learning Experience

- Facilitator guidance and discussion clarify new concepts and connect them with participants' experience
- Small-group exercises use a continuing case study to apply decisions and create project documents
- Individual reflection and group debriefs help participants identify useful takeaways and compare approaches
- A final action plan turns key takeaways into specific changes to apply back at work

Duration: 21 Hours

For Dates, Locations and Registration: cmcoutperform.com/36503

Fees

Members \$2395 CDN
Non-Members \$2695 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
For more information cmcoutperform.com/cls



Is this course right for you?

You manage projects and need a more reliable way to plan and keep work moving.

Ideal for: New and Accidental Project Managers/Business Analysts/Project Contributors

Essentials of Project Management for the Non-Project Manager

Learn and apply basic elements of project management to your job to support project success.

For effective project teamwork, it's crucial to share a common language and grasp expectations clearly. Gain insight into essential terminology and learn to apply basic project management tools and techniques; boosting your effectiveness within the team and your functional areas.

How You'll Benefit

- Know the purpose and process of project management
- Understand the roles, responsibilities and needs of project team members
- Identify and apply critical project management tools
- Identify stakeholders, their relationships to each other and how these relationships affect projects
- Recognize stakeholder issues within the organization
- Identify and apply critical communication tools and protocols

What You'll Cover

- Key project management terms
- Five groups of the project management process
- Estimating project activity accurately
- Identifying and aligning the project stakeholders
- Evaluating the project charter
- Validating project requirements against the SMART Tool
- Understanding and creating the Work Breakdown Structure (WBS)

Who Should Attend

Project sponsors, contributors, facilitators and coordinators who are involved in projects but do not manage them.

Duration: 2 Days

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/36548

Fees	Members \$2245 CDN	Non-Members \$2495 CDN	Public Sector 25% Off
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More Ways to Build Your Project Management Expertise

Choose the right next step, whether you need the fundamentals or are preparing for the PMP® exam

Influencing Skills for Project Managers

Build the credibility and trust to gain stakeholder support and move projects forward
cmcoutperform.com/21015

Project Management for Administrative Professionals

Plan, organize and manage projects while balancing your day-to-day responsibilities
cmcoutperform.com/32298

PMP® Exam Prep Course

Prepare for the PMP® exam with PMI-authorized training covering predictive, adaptive and hybrid project management practices
cmcoutperform.com/66598

Critical Thinking

TRENDING

Question assumptions before they shape your decisions.

What People Are Saying

"The Critical Thinking training provided me with a solid foundation in analyzing, evaluating and synthesizing information. The training program was well-paced, considering the amount of content to be covered, and highly engaging due to the interactivity that challenged me to think critically and immediately apply the concepts I was learning."

— Bhuvana K.

Learn. Apply. Succeed.

- Recognize how thinking habits, emotions and mental shortcuts shape judgement, so you can slow down and approach business problems
- Turn a problem into something you can act on by questioning assumptions, identifying influences and separating relevant information from distractions
- Assess information by checking its source and credibility, identifying what is missing and seeking multiple perspectives before recommending action
- Develop and test stronger solutions using a variety of thinking styles to expose gaps and communicate your reasoning clearly
- Adapt your approach to gain useful input, manage relationships and put sound solutions into action

The Learning Experience

- Learn through facilitator guidance and discussion that connects core ideas with workplace experience
- Test the concepts through structured exercises, small-group activities and realistic business cases
- Use assessment feedback, personal reflection and partner discussion to examine individual thinking habits
- Apply the full process to a workplace issue and create a practical development plan

Duration: 14 Hours

For Dates, Locations and Registration: cmcoutperform.com/32533

Fees

Members \$2495 CDN
Non-Members \$2795 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
For more information cmcoutperform.com/cls



Is this course right for you?

You want greater confidence that you're solving the right problem and making sound decisions.

Ideal for: Managers/Project Leaders/Individual Contributors

Developing a Strategic Mindset

TRENDING

Build strategic thinking into your daily work.

What People Are Saying

"The tools and thinking processes were presented in a very clear and easy to understand way. And the resources I walked away with are very excellent for carrying with me and using on a day-to-day basis."

— Brian M.

Learn. Apply. Succeed.

- Recognize what strategic thinking looks like in everyday work, assess current habits and identify where to build a broader, longer-term perspective
- Use a practical four-step process to pause, connect an issue to priorities, explore options and act with intention
- Gather and organize information to see the full situation, uncover connections and identify what should shape the decision
- Generate ideas by reframing the challenge, drawing on different perspectives and considering stakeholder response before committing to action
- Evaluate trade-offs, explain your rationale, anticipate risks and adjust your approach as new or changing conditions emerge

The Learning Experience

- Facilitator-led explanations, workplace examples and guided discussion
- Individual self-assessment and reflection
- Small-group scenarios and structured application activities
- A final case study, group debrief and personal development plan

Duration: 14 Hours

For Dates, Locations and Registration: cmcoutperform.com/92242

Fees

Members \$2095 CDN
Non-Members \$2345 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
For more information cmcoutperform.com/cls



Is this course right for you?

You want to look beyond immediate demands and think more strategically.



Ideal for: Business Professionals/New Managers

Strategic Planning: From Vision to Action

TRENDING

Build a practical path from analysis to execution.

What People Are Saying

"The course lived up to its name of introducing strategic planning. I started with a vague idea about the topic and ended up knowing how to draft a strategy."

— Mahdi A.

Learn. Apply. Succeed.

- Follow a practical planning framework that includes assessing current reality, defining direction, choosing priorities, and planning execution
- Assess internal realities, stakeholder needs, market conditions and emerging trends to identify key details that should shape strategic direction
- Use mission, vision and values to generate strategic alternatives and make focused choices about where to invest effort
- Translate strategic priorities into clear goals, action plans and meaningful measures, creating a practical basis for execution
- Tailor communication to stakeholder needs and revisit assumptions as conditions change to maintain alignment, buy-in and momentum

The Learning Experience

- Complete a short case study and reflection questions before the course, then carry that case into the workshop
- Build understanding through facilitator guidance, guided questions and large- and small-group discussion
- Apply each stage through hands-on group activities and a case presentation, with feedback
- Connect the learning to your own organization through individual reflection and a personal action plan

Duration: 14 Hours

For Dates, Locations and Registration: cmcoutperform.com/92565

Fees

Members \$2395 CDN
Non-Members \$2695 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
For more information cmcoutperform.com/cls



Is this course right for you?

You're involved in organizational priorities and want to contribute more confidently to strategic planning.

Ideal for: Business Leaders/Managers/Professionals

Developing Your Analytical Skills: How to Research and Present Information

Turn information into insight—and insight into action.

Information is only useful when you can determine what matters and what it means. Learn a practical process for gathering and organizing qualitative data, recognizing patterns, drawing sound conclusions and presenting recommendations your audience can understand.

How You'll Benefit

- Focus your analysis on the most relevant and credible information
- Use qualitative data to make better-informed business decisions
- Recognize meaningful patterns and assess their business implications
- Present clear recommendations supported by sound evidence

What You'll Cover

- Defining the purpose, scope and key questions for your analysis
- Gathering, organizing and evaluating information from different sources
- Identifying patterns, drawing valid conclusions and developing recommendations
- Presenting findings clearly and persuasively for different audiences

Who Should Attend

Individuals who want to build foundational skills to research information, draw sound conclusions and make more informed business decisions.

Duration: 2 Days

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/92162

Fees	Members \$2345 CDN	Non-Members \$2595 CDN	Public Sector 25% Off
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Effective Decision Making

Stop the cycle of worry and stress and take decisive action now!

Some of us procrastinate and allow our fear of making the wrong decision stop us, while others make hasty decisions based purely on emotion. Whatever the situation, this course will help you take control of these tendencies. Learn to practice a clear approach to sharpen your analytical thinking, while recognizing and removing your emotional and personal biases. In this one-day program you will apply proven techniques to arrive at the most effective decisions and gain confidence in your ability to make the right move.

How You'll Benefit

- Gain confidence in making sound, objective decisions
- Reduce stress and procrastination when facing important choices
- Improve your ability to assess risks and weigh alternatives effectively
- Develop strategies to enhance both personal and team decision making

What You'll Cover

- Understand the difference between decision making and problem solving
- Identify common pitfalls and biases that impact your decisions
- Apply analytical tools to evaluate options and make better choices
- Practice making individual and group decisions in real-world scenarios

Who Should Attend

All professionals who want to harness their intuition and use proven decision-making tools to take decisive action, both personally and professionally.

Duration: 1 Day

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/21004

Fees	Members \$895 CDN	Non-Members \$995 CDN	Public Sector 25% Off
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Train the Trainer: Facilitation Skills Workshop

TRENDING

Lead training that keeps adults involved and learning.

What People Are Saying

"I thought there was nothing more for me to learn about facilitating, but I was wrong. I came away with 15-20 new ideas and concepts to incorporate into my training and share with my team."

— Past Participant

Learn. Apply. Succeed.

- Recognize how adults learn and how their learning preferences differ, then adapt your training so it feels relevant and usable
- Set clear learning objectives, organize content and choose teaching and assessment methods so every part of the session supports the intended learning
- Encourage participation and respond constructively to disruptions, difficult dynamics and unexpected challenges, keeping learners involved while the session stays productive and on track
- Strengthen your verbal and nonverbal delivery, manage nerves and prepare so you can lead training with greater confidence
- Practice short facilitation sessions, exchange meaningful feedback with peers and the facilitator, and use what you learn to refine your delivery and plan continued development

The Learning Experience

- Pre-course reflection and a learning-preference assessment
- Facilitator guidance, group discussion and shared examples
- Small-group exercises, role-play and peer learning
- Two practice facilitation sessions with individual coaching, peer feedback and action planning

Duration: 14 Hours

For Dates, Locations and Registration: cmcoutperform.com/91019

Fees

Members \$2195 CDN
Non-Members \$2395 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
[For more information cmcoutperform.com/cls](https://cmcoutperform.com/cls)



Is this course right for you?

You train others and want to make learning more engaging and effective.



Ideal for: New and Developing Facilitators/Professionals Who Train Others

Fundamentals of Finance and Accounting for Non-Financial Managers

TRENDING

Turn financial information into better business decisions.

What People Are Saying

"I really enjoyed the course. It covered a lot of material effectively. It will help me with my objectives in the future. The instructor was excellent. One of the best I've had over the years."

— Jessica K.

Learn. Apply. Succeed.

- Build an understanding of how transactions flow through the accounting process and why profit and cash flow can tell different stories
- Read the income statement, balance sheet, retained earnings and cash flow statements, then use annual report notes and audit opinions for context
- Calculate and interpret key financial ratios to assess liquidity, debt, profitability and performance against competitors or budgeted goals
- Distinguish fixed and variable costs, then use break-even and contribution margin analysis to support more profitable operating decisions
- Understand operating budgets, then compare capital investments, time value of money and rates of return to guide resource-allocation decisions

The Learning Experience

- Facilitator-guided discussions that connect concepts with participants' questions and workplace realities
- Small-group and individual exercises based on realistic business situations
- Hands-on calculation practice, with peer comparison and facilitator-supported debriefs
- Reflection after each module and a closing plan for immediate use

Duration: 14 Hours

For Dates, Locations and Registration: cmcoutperform.com/32218

Fees

Members \$2345 CDN
Non-Members \$2595 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
For more information cmcoutperform.com/cis



Is this course right for you?

You need to understand the financial information and decisions involved in your role.

Ideal for: Professionals/Managers/Leaders

Effective Business Writing

TRENDING

Turn your ideas into clear, purposeful business writing.

What People Are Saying

"I feel I came away with specific techniques and templates to help me hone my skills. It was worth the 2 day investment."

— Audrey B.

Learn. Apply. Succeed.

- Plan each document around a clear purpose to keep messages focused, answer likely questions and make it easier to understand
- Create an organized first draft by capturing, grouping and sequencing information, reducing the friction that causes writer's block
- Make writing clear and easy to follow through precise words, concise sentences, strong openings, useful transitions and logical paragraphs that respect readers' time
- Adapt writing to your audience and purpose, choosing a clear structure and trustworthy tone for information, recommendations, problems and refusals
- Review your work in two stages: edit for flow and quality, then proofread for errors to maintain a professional standard

The Learning Experience

- Facilitator guidance supported by workplace examples and demonstrations
- Hands-on writing and rewriting exercises throughout the course
- Partner and small-group discussion, review and shared problem solving
- Individual coaching, feedback and a personal action plan

Duration: 14 Hours

For Dates, Locations and Registration: cmcoutperform.com/39002

Fees

Members \$1845 CDN

Non-Members \$1995 CDN

Public Sector 25% Off

This course is available as a corporate solution for your team.

For more information cmcoutperform.com/cls



Is this course right for you?

You want to sharpen everyday writing or need more confidence handling complex correspondence.



Ideal for: Business Professionals at All Levels

Effective Executive Speaking

TRENDING

Speak with clarity, control and credibility when the stakes are high.

What People Are Saying

"It is rare to have an opportunity to be closely coached in a safe environment on applying proven communication techniques. The skills taught and advice on how to make it stick makes this course exceptional."

— Amy S.

Learn. Apply. Succeed.

- Analyze your audience and speaking situation, then adapt your message so people with different knowledge levels can follow what matters
- Build presentations around a central idea and use a clear structure that keeps listeners oriented
- Shape presentations, business cases and idea pitches using evidence and well-chosen visuals that clarify your message
- Use conversational language, voice, eye contact and purposeful movement to project confidence and credibility
- Apply practical strategies to manage presentation anxiety
- Prepare for unexpected speaking moments, respond with focus and control, and use feedback and reflection to strengthen your next presentation

The Learning Experience

- Facilitator guidance and discussion connected to workplace speaking situations
- Practice delivering prepared and impromptu presentations to the group
- Video-recorded presentation segments with personal coaching and structured feedback
- Individual worksheets, reflection and action planning for continued development

Duration: 14 Hours

For Dates, Locations and Registration: cmcoutperform.com/32522
Fees Members \$2495 CDN Non-Members \$2795 CDN Public Sector 25% Off
This course is available as a corporate solution for your team. For more information cmcoutperform.com/cls



Is this course right for you?

You have speaking experience and need greater authority in high-stakes presentations, speeches or media situations.

Ideal for: Executives/Senior Leaders

Effective Presentation Skills

TRENDING

Turn presentation nerves into clear, confident delivery.

What People Are Saying

"Having a huge fear of presenting, I knew that I needed to understand what it takes to give a good presentation, and this class delivered. With a small class size, this course offered me great opportunity to learn the necessary skills to present on any topic. If you are looking for ways to become a better presenter, this is the class to take!"

— Patrick L.

Learn. Apply. Succeed.

- Use body language, eye contact, breathing and vocal techniques to manage nerves, strengthen your presence and deliver with greater confidence
- Define what your presentation needs to achieve, understand what matters to your audience and adapt your approach so your message is relevant from the start
- Turn ideas into a clear, easy-to-follow presentation by gathering and organizing content, shaping a strong opening and close, and creating notes you can speak from
- Choose and use media and handouts without distracting your audience or losing control of their attention
- Encourage audience participation and respond to questions with clarity

The Learning Experience

- Facilitator guidance and interactive skill-building exercises
- Practice using an upcoming or previous work presentation
- Recorded presentations with private playback and guided review
- Individual coaching, peer feedback and a personal action plan

Duration: 21 Hours

For Dates, Locations and Registration: cmcoutperform.com/32519

Fees

Members \$2395 CDN
Non-Members \$2695 CDN
Public Sector 25% Off

This course is available as a corporate solution for your team.
For more information cmcoutperform.com/cls



Is this course right for you?

You want to present your ideas with greater confidence, clarity and impact.



Ideal for: All Business Professionals

Customer Service Excellence Program

Make exceptional customer service your sustainable competitive advantage.

Today's customers are increasingly discerning, seeking quick, effective responses, and clear value. Good customer service meets these expectations; great customer service goes further by combining knowledge and skills with a dedication to exceptional experiences. When service providers possess the skills to cultivate relationships, connect customers to the brand, and foster loyalty, it enhances individual, team, and organizational performance.

How You'll Benefit

- Understand what great customer service means and why it's critical
- Apply a model for every interaction to meet or exceed expectations
- Create strong human connections throughout customer interactions
- Deliver disappointing information and manage a strong customer emotional response
- Apply principles to build trust, rapport and demonstrate commitment to great customer experiences

What You'll Cover

- Understand what it takes to create customer service excellence
- Increase credibility with customers and others in the organization
- Manage stress associated with customer situations and conversations
- Utilize strategies to interact with difficult customers effectively
- Deliver more effective and efficient customer service
- Increase and maintain customer satisfaction

Who Should Attend

Front-line service providers, along with their leaders who provide coaching and support, and professionals who are often the initial point of contact with internal or external customers.

Duration: 2 Days

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/34210

Fees	Members \$1495 CDN	Non-Members \$1695 CDN	Public Sector 25% Off
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Coaching for Customer Service Excellence

Achieve customer service excellence through transformative coaching.

This course explores coaching techniques to empower service providers for customer service excellence. Using the Guiding Principles, leaders gain insights to motivate and support teams, resulting in exceptional customer experiences. Equipped with these skills, coaches elevate team performance, fostering a culture of exceptional service that exceeds customer expectations consistently.

How You'll Benefit

- Establish expectations and reinforce the desired skills and behaviours for the team
- Get a framework for conversations about performance, barriers and challenges
- Encourage ongoing improvement and build confidence by embracing a mindset of service excellence

What You'll Cover

- Behaviours and attributes to become the best coach you can be for your team
- Adopt CMC's 5 Guiding Principles™ to enhance your effectiveness as a coach
- Use the Three Pillars of Service Provider Competence to assess effectiveness and proficiency
- Apply a Coaching Model and Coaching Conversation Framework to your coaching sessions
- Set yourself up for effective coaching by considering critical success factors

Who Should Attend

Team leaders who want to support and sustain customer service excellence through coaching.

This course is a companion to the Customer Service Excellence Program.

Duration: 3.5 Hours

For Dates, Registration, or Corporate Delivery, visit: cmcoutperform.com/34215

Fees	Members \$475 CDN	Non-Members \$499 CDN	Public Sector 25% Off
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Develop the Skills to Work at Your Best

Develop skills to work efficiently, respond to change, communicate clearly and make sound business decisions



Strengthen Everyday Effectiveness

The 7 Habits of Highly Effective People®

Apply the 7 Habits® to manage priorities, take initiative and improve working relationships

cmcoutperform.com/32601

Time Management Workshop

Plan and prioritize your work, manage interruptions and make better use of your time

cmcoutperform.com/21001

Working in a Hybrid Environment

Work productively and stay connected with colleagues across office and remote settings

cmcoutperform.com/32257

Meeting Magic: Leading Meetings That Drive Engagement and Action

Design and lead meetings that improve alignment, engagement, decision-making and action

cmcoutperform.com/37870

Solve Problems and Adapt to Change

Problem-Solving with an Innovative Mindset

Identify root causes, generate fresh ideas and choose workable solutions

cmcoutperform.com/98035

Embracing Change: Strategies for Team Members

Understand your response to change and find constructive ways to adapt

cmcoutperform.com/98036

Write Clearly and Professionally

Effective Technical Writing

Communicate complex technical information clearly and concisely to technical and nontechnical audiences

cmcoutperform.com/32216

Grammar for Professionals

Apply grammar, punctuation and style rules to write clearly, accurately and professionally

cmcoutperform.com/39001

Build Business and Financial Acumen

Comprehensive Budgeting Workshop

Develop, analyze and present budgets that align with business goals

cmcoutperform.com/32259

Canadian Management Centre's 5-Day MBA

Apply essential management and operational skills in an immersive business simulation that builds practical business acumen

cmcoutperform.com/32561

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(See Corporate Learning Solutions pg. 6)



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We can't say enough about the CMC team! Working with them has been phenomenal. Everyone has been incredibly helpful and supportive in launching this major nationwide training initiative. From concept to launch, CMC has been with us at every step – collaborating, supporting, designing – all to ensure our success. They have truly become an extension of our team. Since its launch, we've seen a significant increase in registrations for this program.



— Corporate Client

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EXPLORE WHAT'S POSSIBLE

When you invest in Canadian Management Centre training, you build the skills and confidence to take on new challenges, succeed in your role, and deliver stronger results. Our immersive learning approach, practical lessons, and expert facilitators help you put new strategies into action right away.

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would recommend
their CMC course
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skills and knowledge they
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